

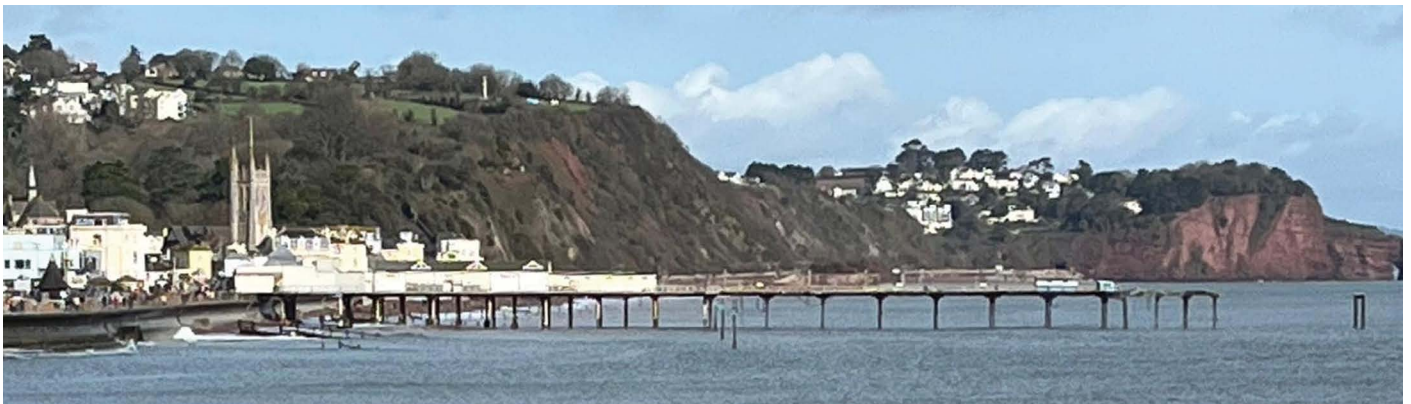
# A sense of place - Teignmouth



## Coastwatch

The National Coastwatch Institution viewpoint at Teignmouth, formerly the Coastguard lookout point, is easily accessible, entered directly off the road leading from the front to the public viewpoint east towards Dawlish. In warm weather the team leave the door open and

they are usually pleased to have visitors showing interest in their work. It is informative to take a look through their telescope to see how much detail they can see of those on the sea and how far away they can view activity usefully.



## The pier

A view that has changed in February is the end of the pier, lost during a winter storm. Dawlish has also suffered seawall damage this winter, not the section which was rebuilt following major damage to the railway line in 2014 although the railway turns away from the sea as it reaches Teignmouth.

## Sauna

Teignmouth shares with Exmouth a mobile sauna in a community trailer parked on the front near the pier. A schedule is posted in advance and use needs to be booked online. Cost is what you can afford to pay, free for those facing hardship. Even on a winter's day the sea is near enough for a sauna followed by a dip in the waves. A coastal paddle could end up at the rivermouth carpark with a short walk along the front to the pier and the sauna. Catch the tides right with mid ebb on spring tides and you will be able to get a quick run down the River Teign estuary and some of the fastest water in the area on which to play at the rivermouth before taking out.

